

PE - Dance

Head of P.E. - Mr D Locke

Dance Teacher - Mrs Hall

The Course:

Pupils will study a variety of sports and theoretical aspects relating to PE and sport over the two-year period. This is a new specification and this year group will be the first to study this qualification. A strong commitment to sport in both lessons and extra-curricular time is highly recommended as well as a good understanding of Biology and Chemistry. Pupils will need to be able to perform at a high standard in a variety of sporting activities as they will be assessed as a performer in 4 different sports. During the theory lessons students will study a wide range of theoretical concepts. These concepts include: Anatomy, Physiology, Diet, Sport Psychology and factors that affect performance. Pupils who chose to study for this qualification will take this course during 3 option lessons, not including their mandatory two PE lessons each week.

What could it lead to in Sixth Form?

A Level Physical Education as well as preparing pupils for a Level 3 BTEC Sport Qualification. This qualification is the equivalent of one, two or three A Levels depending on the level that you pursue.

What careers/University courses would this subject help me to enter?

Possible University Courses

Sports Science, Physiotherapy, Physical Education and Sports Development

Possible Careers

PE Teacher, Physiotherapist, Sports Nutritionist, Sports Psychologist and Sports Development

PE - BTEC

Head of P.E. - Mr D Locke

KS4 Co-ordinator - ?

The Course:

It is essential to study this qualification if you are considering studying a sport related subject in Sixth Form. You will study a variety of practical and theoretical units. All pupils will complete the externally assessed unit in Year 10 and this will be assessed in the form of an online examination. In Year 11, pupils will be assessed in a further two units, which are all internally assessed. This course is ideally suited to a person who has a passion for sport, who wants to pursue a career in either the sport or leisure industry and unlike GCSE PE they do not have to be an outstanding PE performer as your practical ability will not be assessed.

Unit 1: Fitness for Sport and Exercise (Externally assessed unit)

Unit 2: Practical Sports Performance

Unit 3: The Mind and Sports Performance

Unit 4: The Sports Performer in Action

What could it lead to in Sixth Form?

A Level in Physical Education

BTEC Sport Level 3

What careers/University courses would this subject help me to enter?

Possible University Courses

Sports Science, Physiotherapy and Sports Development

Possible Careers

PE Teacher, Physiotherapist, Sport Development, Nutritionist and Coaching