

# Physical Education

Head of PE - Mr D Locke

2nd in PE responsible for KS3 PE: Miss A Pyrah

## Topics of Study This Year:

During Years 7 and 8 your child will study a range of Physical Education activities including; Games (Football/Netball/Rugby/Basketball etc.), Gymnastics, Dance, Outdoor and Adventurous Activities (OAA) and Health Related Fitness (HRF). The pupils will complete 2 activities each half term, with 4 interform activities taking place over the course of the academic year.

### Term 1

- Rugby (B)
- Basketball (B)
- Netball (G)
- HRF (G)
- Football (G)
- Dance (B)
- X Country (M)
- Invasion (M)

### Term 2

- Football (B)
- Climbing (B)
- Gymnastics (M)
- Hockey (G)
- X Country (B)
- Hockey (G)
- Invasion/Target Games (B)

### Term 3

- Athletics (M)
- Frisbee (B)
- Athletics (M)
- Tennis (M)
- Aerobics B
- Maximum/Levels (M)
- Creative Activities (M)

## Assessments:

- On arriving at AOM in yr7 pupils will undertake a baseline assessment, of their physical literacy skills, from this the be set end of year targets for years 7 through 11.
- At the end of a 1/2 term block of work pupils progress will be assessed against their target for the year, with pupils rated above, on or below target grades,. Behaviour will be assessed against the schools 1-4 behaviour rating scale, 1 being unacceptable, 4 outstanding, theses assessment will be averaged over the course of the year to provide a final grading for the academic year.

## Key Dates:

Pupils are assessed during the penultimate week of each half term in each activity.

Pupils participate in an interform competition which includes cross country and range of different sports once each term..

## Homework:

Will be given, when appropriate, for pupils who opt for GCSE PE, BTEC Sport or BTEC Dance during block 4.

## Extra Curricular Sport:

A continuous programme of extra curricular activities runs throughout the year in a range of sports. The programme changes to suit the seasons and is available to all pupils., this can be found on the school website.

## Sports Presentation Evening

Each year in July the PE department celebrates the sporting achievements of pupils in all years in it annual sports awards evening . Pupils are awarded sporting accommodations based upon a range of factors from performance , to behaviour , commitment and participation.