Physical Education

Head of P.E. - Mr D Locke

KS3 Co-ordinator - Miss A Pyrah

Topics of Study This Year:

In Block 1 pupils follow an induction unit to allow baseline data to be collated.
Throughout the remainder of Year 7 pupils study a variety of activities taken from the KS3 PE National Curriculum

Block 1

Induction unit –
In form groups pupils study a variety of activities which includes a formative assessment process. Activities include:

- Striking and fielding
- Invasion games
- Dance
- Gymnastics
- Outdoor Adventurous Activities
- Athletics

Block 2

Pupils now work in ability groups and rotate around the following activities:

Girls:
- Football
- Netball
- Health Related Fitness
- Hockey

Boys:
- Rugby
- Gymnastics
- Football
- Dance

Mixed:
- Games
- Gymnastics
- Outdoor Adventurous Activities

Block 3

Girls:
- Dance
- Hockey
- Health Related Fitness
- Gymnastics

Boys:
- Basketball
- Gymnastics
- Dance

Mixed:
- Outdoor Games
- Indoor Games
- Health Related Fitness

Block 4

Girls:
- Rounders
- Athletics
- Football

Boys:
- Tennis
- Striking and fielding
- Athletics

Mixed:
- Athletics
- Striking and fielding
- Indoor tennis

Assessments:
Baseline assessment (end of KS2) level given to every pupil at the end of the induction unit. Assessments in line with the National Curriculum Levels are given at the end of each activity in each block.

Key Dates: **(exact dates TBC)**

November - Induction assessment block 1
November – Inter-form 1
December – Challenge
January – Assessment block 2
February – Inter-form 2
March - Challenge week
April - Assessment block 3
April - Inter-form 3
June - Assessment block 4
July - Challenge week

Other Useful Information:
A continuous programme of extra curricular activities runs throughout the year in a range of sports. The programme changes to suit the seasons and is available to all pupils.