THE DEAN TRUST
Ashton on Mersey School

Physical Education Curriculum overview

	HT 1	HT 2	HT 3	HT 4	HT 5	HT 6
YEAR 7	Invasion	Net and Wall/HRF	Invasion/Personal Challenge	Aesthetic Activities	Striking and Fielding	Net and Wall / Maximum performances
YEAR 8	Invasion	Net and Wall/HRF	Invasion/Personal Challenge	Aesthetic Activities	Net and Wall / Maximum performances	Striking and Fielding
YEAR 9	Invasion	Aesthetic Activities	Net and Wall/HRF	Invasion/Personal Challenge	Striking and Fielding	Net and Wall / Maximum performances
YEAR 10	Invasion	Aesthetic Activities	Net and Wall/HRF	Invasion/Personal Challenge	Net and Wall / Maximum performances	Striking and Fielding
YEAR 11	Invasion	OAA	Net and Wall/Invasion	Personal Fitness/Aesthetic Activities	Net and Wall / Maximum performances	Striking and Fielding

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KS3 PHYSICAL EDUCATION

Curriculum Manager: Mr D Locke

Teaching Staff: Mrs R Bruce, Mr M Colbert, Miss C Connolly, Mr A Doody, Mr S Henderson, Mr J Jackson, Mrs J Lawson, Miss R Lloyd, Mr D Locke, Mr N Parry, Miss M Pemberton, Mr I Milner, Mr P Moors, Mr C Stabler, Mr P Stead & Mr R Worsfold

Curriculum Overview:

In Key Stage 3 pupils will study a range of Physical Education activities including; Invasion Games (Football/Netball/Rugby/Basketball/Hockey etc.), Gymnastics, Dance, Outdoor and Adventurous Activities (OAA) and Health Related Fitness (HRF). A list of the activities we offer at points throughout Key Stage 3 PE can be seen below. Each activity is taught in a 6-week block, which will last the duration of a half term, with 3 interform competitions (1 per term) taking place over the course of the academic year.

Sporting activities

- Rugby
- Basketball
- Netball
- HRF
- Football
- Dance
- X Country
- Invasion
- Badminton
- Climbing
- Gymnastics
- Hockey
- Handball
- Invasion/Target Games
- Parkour
- Table Tennis
- Athletics
- Tennis
- Aerobics
- Performing at Maximum/Levels
- Creative Activities
- Rounders

Assessments:

In Year 7 pupils will undertake a baseline assessment, of their physical literacy skills, from this each pupil will be set end of year targets for Years 7 through 11. At the end of a 1/2 term block of work pupil's progress will be assessed against their target for the year. At the conclusion of each term your child will receive a report outlining their progress, conduct and effort in PE.

Kit Expectations:

Pupils will be expected to bring their full PE kit for all lessons, which should include the following items

Boys & Girls:

Inside – AoM black fleece, AoM black and burgundy Polo shirt, black shorts, black socks and trainers.

Outside – AoM Burgundy reversible rugby jersey, black shorts, black socks and trainers.

(For rugby and football pupils will require football boots and it is highly recommended they have shin pads and a gum shield)

The following additional items are permitted to be worn by pupils at the discretion of PE staff during the winter months:

- Plain Black Tracksuit Pants
- Plain Black Gloves
- Plain Black Beanie Hat

What happens if pupils don't have their kits or are unwell?

We expect all pupils to bring their PE kit to all lessons regardless of whether they are fit to participate or not. Pupils will still be involved in the PE lesson in an alternative role. In cases where a pupil has not brought their PE kit, they will be provided with a kit by a member of the PE staff and given a warning on the first occasion. **Any kit given to a pupil will have been freshly cleaned**. If a pupil fails to bring their PE kit again, the normal PE behaviour policy sanctions will be applied.

Other Useful Information:

Extra-Curricular Sport: A continuous programme of extra-curricular activities runs throughout the year in a range of sports. The programme changes to suit the seasons and is available to all pupils, this can be found on the school website.

Sports Awards Celebration: Each year in July the PE department celebrates the sporting achievements of pupils in all years at the annual sports award's celebration. Pupils are awarded sporting accommodations based upon a range of factors from performance, to behaviour, commitment and participation.